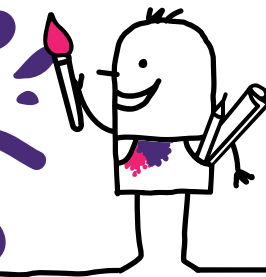


Be bold in your career



Online career
course,
1-2hrs/week

Sign up for the 'Be bold' course today.

It could be the best investment you make in the coming year.

The course is for people who want help to move their career forward. Whether you're looking for career progression, eager for a new challenge, feeling over-stretched or stuck, or simply want to make sure you're on track, this could be the opportunity you need. It will help you carve out time to invest in yourself, create a plan that really works, and make things happen!

We know that many people have difficulty making time to focus on their career and professional development (CPD). Others lack the confidence or insight to make things happen. The structure and content of the course will help you move things forward and help you develop an 'agile' approach to your career so you are ready for future opportunities. The course uses the [CiZone career portal](#).

“ I have a healthier approach to balancing work and home life, which is what I wanted to achieve.”

What's involved

1

Sign up for the 8-10 week course. Make the commitment to yourself to complete it.

2

Dedicate at least 1-2 hours each week. Will that be at the weekend? In the day? Or an evening?

3

Every two weeks you'll work through a series of short videos, exercises and a 'be bold' task.

4

By the end, we hope you will be clearer about your next steps and will already have taken action.

5

Finally, tell us how you got on, and receive a certificate of completion (this may count as CPD too).



New for October - an interactive forum to connect you with your course peers.



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www.bbcareer.me

To sign up or to ask any questions
visit the [CIH website](#)

