Dementia and Housing

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Support Service Team Leaders
• Dementia is a symptom caused by diseases of the brain.
  • The most common is Alzheimer's.

• Dementia cost the UK £26.3 billion a year.
  • That’s enough to pay the annual energy bill of every household in the country

• Approximately 850,000 people live with Dementia in the UK and this is predicted to rise to 2 million by 2051.
  • Approximately 1 person develops dementia every 3 minutes

www.Alzheimer's.org.uk
• Over 42,000 people under 65 years of age live with dementia.
  • Only 43% have a diagnosis

• Dementia costs over £30,000 per year, per person yet only £90 per person, per year is spent on research.

• 7 out of 10 people who are living with dementia also live with another disability as well

www.Alzheimer's.org.uk
National Context

- National Strategy “Living Well With Dementia”- 2009
  - Consider the potential for housing support and housing related services and telecare to support people with dementia and their carers, to prolong independent living with less reliance on more intensive services and for staff to develop skills needed to provide the best quality support for people with dementia in the roles and settings where they work

- Prime Ministers Challenge - 2012
  - Build on progress from the National Dementia Strategy
Strategies / Research

• Learning Improvement Network (LIN) research
  • Housing could contribute significantly to preventing or delaying
    the use of more costly and sometimes disabling downstream
    services
    • Providing specialist assessments
    • Providing reassurance and reducing the risk of harm
      through the use of assistive technology
    • Supporting independence and control through the use of
      housing related support services
    • Working together with health and social care to provide
      and coordinate holistic support to individuals
Locally

- Derbyshire Joint Dementia Strategy – 2009
  - Response to the objectives in the National Strategy

- Joint Dementia Commissioning Group - 2009
  - Identified 5 key issues
    - Increased demand for services
    - Under diagnose and under treated condition
    - Not enough community support
    - Not enough coordination between services
    - Insufficient dementia support resources in care homes
What does this mean for housing?

- Dementia is one of the biggest health and social care challenges of the present day

- Due to the aging population and increased diagnosis there is a requirement to meet more specific housing needs
  - Are the properties suitable?

- Provide the opportunity for longer term independent living
  - Government plans for more elderly patients to be treated at home to reducing hospital admission and promoting early discharge
  - How do we do this and is there enough housing stock?
What does this mean for housing?

• Need for more partnership working
• Requirement for increased awareness of Dementia
• A commitment to supporting people living with dementia
Futures Homescape is a Registered Social Landlord that manages and maintains approximately 5,800 properties in Derbyshire and Nottinghamshire. It is a social housing business and is committed to enhancing the potential of communities to create safer, better places to live.

- 2,200 of these properties are sheltered properties
How are Futures Homescape responding?

• Signed up to the Dementia Action Alliance
  • [http://www.dementiaaction.org.uk/local_alliances](http://www.dementiaaction.org.uk/local_alliances)

• Developed an action plan to which we have committed to working towards
  • Dementia friendly communities (Prime Ministers Challenge)
  • Living Well with Dementia through assistive technology
  • Work with partners to respond to the challenge of dementia

• Developed a Dementia Strategy for Futures Homescape from these actions
  • Establish a clear pathway to achieve the actions
What are we doing now?

- Working with partners including Public Health, Adult Care, Alzheimer's Society and Age UK Derby and Derbyshire.
  - Age UK Derby and Derbyshire – Memory Lane Sessions
  - Alzheimer’s Society delivering Singing for the Brain sessions
  - Adult Care providing Telecare equipment, falls packages and falls recovery service
  - Public Health – 2 Health Trainers and 14 Health Champions

- Developing Dementia Friendly Environments
  - Since 2013 we have upgraded 4 of our community centres

- Specific dementia budget
  - Enables us to deliver services and implement our actions
What are we doing now?

- **Trained staff**
  - All staff have received basic Dementia awareness training
  - 2 member of staff are Dementia Friend Champions
  - All Support Services staff have attended a Dementia Friend Session

- **Person centred individual support planning**
  - All service users have a support plan, needs and risk assessment
  - Malnutrition Assessment
  - 5 Point Falls Risk Assessment
What are we doing now?

• Social Events
  • Reconnections
  • Music to Memories

• Awareness
  • Independent Living event
  • Briefing sessions to medical professional
  • Dementia Awareness events – Alzheimer’s Society

• Footcare at home
  • Providing choice, accessibility, and familiarisation
  • Reduce the risk of falls
Looking to the future.

• Assistive Technology
  • Develop dementia specific Telecare packages
  • Promote the availability for sensors

• Work with our Asset Management team and the Development team to look at the suitability of our current properties / buildings and new developments
  • Over half Futures Homescape tenants are currently at risk of developing Dementia (53% of our tenants are aged 60+ and 11% are over 85)
  • Continue to develop dementia friendly environments
Looking to the future

• Roll out Dementia Friend Sessions to all areas of the business
  • Raise awareness
  • Understand the needs and behaviours of someone living with dementia

• Continue to work with partners and engage with new initiatives
  • Early diagnosis tool
  • Briefing to hospital and other health professionals

• Continue to promote existing services
Finally

People can and do live well with dementia but they still need our support

Thank you.