

# Getting housing right for older people

18 May 2016, The Teacher Building, Glasgow  
Agenda



In partnership with:



09:30 - 09:55	<b>Registration and refreshments</b>
09:55 - 10:05	<b>Welcome and opening remarks from Chair</b> <b>Dorry McLaughlin, Chief Executive Officer, Viewpoint</b>
10:05 – 10:25	<b>Housing Strategy For Older People</b> <b>Angela O’Brien, Team Leader – Housing and independent Living, Scottish Government</b>  The Scottish Government is committed to enabling older people to remain living in their own homes for as long as possible. A driver of this goal is its Housing Strategy for Older People. Delegates will hear the latest updates on the strategy, what work is being carried out and what the next milestones are.
10:25 – 10:50	<b>Housing for older people</b> <b>Stuart Dow, Director of Asset Management, Bield Housing &amp; Care</b>  The housing needs of our ageing population are changing dramatically. This session will explore what types of housing are available for older people and whether current models are fit for purpose. What are the benefits of downsizing and what barriers do people face when making this choice? Are there gaps in the market and if so, should social housing providers be stepping in?
10:50 – 11:15	<b>Designing places for an ageing population</b> <b>Eugene Mullan, Director at Smith Scott Mullan, Architects</b> <b>NEW - Ryan Woolrych, Assistant Professor in Health and Well-being, Heriot Watt University</b>  This session examines a new piece of research by: Heriot Watt University & Smith Scott Mullan, Architects on behalf of the Scottish Government. The research identified how physical environments can better respond to many wide-ranging and interlinked issues around an ageing population, including health and wellbeing, disability, mobility, access, social integration, affordability and the need for care.  Delegates will hear an insight into the study and the potential policy implications of the findings.
11:15 – 11:30	<b>Tea and coffee break</b>

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<b>11:30 - 11:55</b>	<b>Co-housing in later life</b> <b>NEW - Barbara Potter, Pennington Co-housing</b>  <b>NEW – Steven Tolson, Director of Healthcare and Housing , CDLH Leisure Hospitality &amp; Healthcare Surveyors</b>  While some see co-housing as an outdated idea most closely associated with alternative lifestyles or crowded house shares, others are beginning to explore the benefits that co-housing can bring to older people. This session will look at examples of successful co-housing communities, the challenges of getting started and the potential benefits of living in a community of likeminded people.
<b>11:55-12:55</b>	<b>Workshops</b> <b>1. Dementia</b> <b>Joyce Gray, Deputy Director of Development, Alzheimer Scotland</b> <b>Richard Baker, Policy Officer – Early Stage Dementia Team, Age Scotland</b> Living with dementia can impact on a person’s life and of those around them but often simple changes can make a big difference. This workshop will explore how improving awareness of dementia and dementia services can ensure people get the help and support they need. It will also give an insight into the latest products and services which can help people to live safely and independently in later life.  <b>2. Sheltered housing – fit for the future?</b> <b>Gail Gourlay, Director of Customer Services, Trust Housing Association</b>  Our population is changing and it is ageing but the way that people think about growing older is changing too. Some traditional models of sheltered housing may not be fit for purpose and research suggests that sheltered housing does not always meet the aspirations of many older people. This session will explore Trust Housing Association’s ‘Step Down’ initiative, how they are using sheltered housing in new ways and how this links with the health and social care integration agenda.
<b>12:55 – 13:35</b>	<b>Lunch</b>
<b>13:35 – 14:35</b>	<b>Workshops</b> <b>3. Independent living for older people, a case study</b> <b>Heather Macnaughton, Head of Community Investment, Castle Rock Edinvar</b>

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**Eugene Mullan, Director at Smith Scott Mullan, Architects**

**Charlotte Swarbrick, Community Capacity Builder, Castle Rock Edinvar**

This workshop will explore how Castle Rock Edinvar's new Fortune Place affordable housing development for independent living for older people was conceived and developed, following recommended best practice from research and addressing the growing need for Scotland's ageing population to remain active, connected and appropriately supported in their homes.

Together with architects, Smith Scott Mullan, Castle Rock Edinvar will share with delegates how the blueprint was developed and funded, the importance of designing for prevention and the role of developing community cohesion and capacity at the outset to support independent living. The result is a development which reduces social isolation, is dementia friendly, has an active community and a place where older people are proud to call their home.

#### **4. Telecare and housing**

**Julia Murray, New Business Project Manager, Viewpoint**

This workshop examines a successful grant application for a telecare system. Delegates will hear about the objectives and practical implications of working such a system. For example, what does a successful system look like and what are the benefits to tenants and customers? What about the additional wider business and social benefits? Delegates will also hear how this system works well in supporting traditional services.

**14:35 – 14:50**

**Tea and coffee break**

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<b>14:50 – 15:15</b>	<b>Help to adapt</b> <b>Angela Gardiner, Contract Manager, Link Group</b> Help to Adapt is a Scottish Government initiative designed to help older homeowners live independently in their own home for as long as possible by supporting investment in adaptations. In this session, delegates will hear about how the scheme works, eligibility for assistance and an update on the pilot scheme being managed by Link Group.
<b>15:15 – 15:40</b>	<b>Loneliness and social isolation</b> <b>Brian Sloan, Chief Executive, Age Scotland</b> The dangers of loneliness and social isolation can be overlooked and non statutory services often struggle to secure funding within a difficult financial context. However, following the Scottish Parliament's Equal Opportunities Committee's inquiry which found loneliness and social isolation to be as damaging to health as poverty, the Scottish Government has announced additional funding to tackle these issues. This session will outline some successful schemes which support older people living in Scotland.
<b>15:40 -15:45</b>	<b>Chair's closing remarks</b>
<b>15:45</b>	<b>Close of event</b>

\* Please note the programme may be subject to change.